



BNB Rule Modification Clinics Summary Notes – February 23, 2012

Rule Modifications – implemented in December 2010 – see www.basketball.nb.ca for more info.
Bantam/Middle School – No zone (full, three-quarter, half, or “in the key”).
Mini/Jr Mini/Puppy/ - No zone (full, three-quarter, half, or “in the key”), No double-teaming.

Clinic Summary Points:

- Offensive movement: If the offensive players are standing still (i.e., not cutting, screening, etc.), chances are the defense will be standing still too, appearing like they are playing a zone. In order for the defense to move, the offense needs to move.
- The defense cannot guard a “space” or “air”, they must be guarding a player.
- The defense should always be in a defensive position in relation to three things: the ball, the basket and the person they are guarding.
- “Flat triangles”: The defense should be able to draw an imaginary flat triangle between themselves, the ball and their player (see Diagram 1 below).
- “Basket Line”: The imaginary line down the centre of the court from rim to rim. Players in a help-side defensive position can have one foot over the basket line. However, they **must** move as their players and/or the ball moves (see Diagram 2 below).
- Spirit of the rule modifications: Better alignment with the Long Term Athlete Development (LTAD) model, players getting more touches on the ball, greater emphasis on developing man-to-man defensive skills, more time spent on fundamentals during practice, etc.

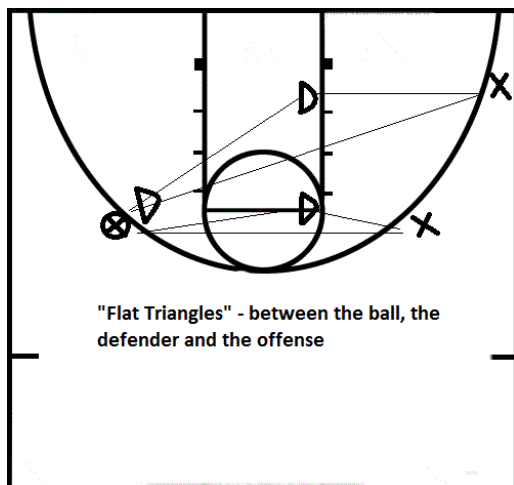


Diagram 1 – “Flat Triangles”

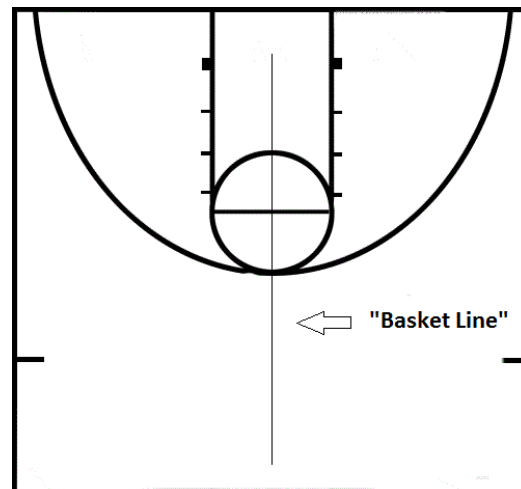


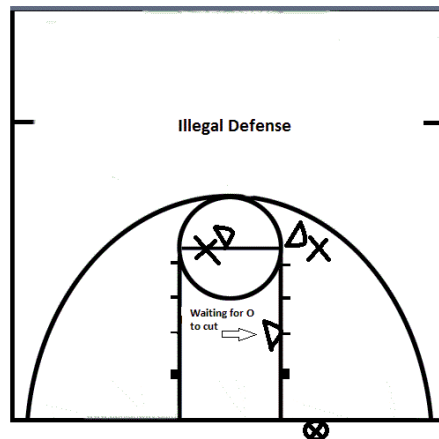
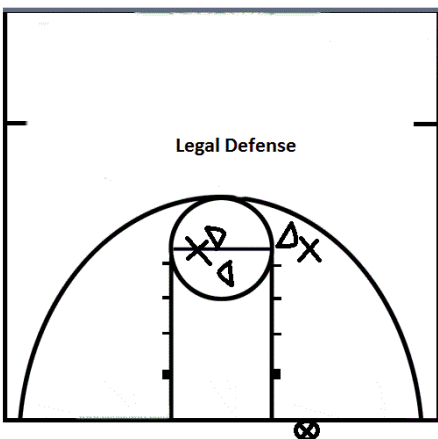
Diagram 2 – “Basket Line”

Clarifying Questions

Bantam/Middle School:

1. Can two defensive players guard the same offensive player even if he/she does not have possession of the ball?

- Yes. Two defenders can guard one offensive player, as long as both defenders are committed to guarding that person. The second defender cannot “float” around guarding cutters or a “space”. Whether it is on an inbounds play or the last play of the game, the defense can put two defenders on one offensive player.



2. Can the person guarding an inbounder turn and put their back to their player?

- If the inbounder’s defender turns their back, they should be within approximately an arms length of their player. They cannot “float” around waiting for cutters as that would be considered guarding a “space”. They can, however, turn their back and specifically match up with another offensive player (creating a 2v1 as explained above).

Mini/Jr Mini/Puppy:

1. If an offensive player dribbles the ball into a teammate’s defender (whether intentional or unintentional) can that player’s defender steal the basketball?

- Yes. If an offensive player dribbles the ball directly into other defenders they can steal the ball, this is not a double team.

